

TROOP 122 CAMPING GUIDELINES

RULES

- NO tennis shoes except during the summer months.
- ALWAYS have an extra pair of boots
- ALWAYS wear a hat. It must cover your ears in the winter. A visor or headband is NOT a hat.
- You MAY NOT bring food or drinks, except water.
- NO electronic equipment unless specifically stated for long car trips. These must stay in the vehicle at all times.
- WEAR your Class A uniform.

SUMMER CAMPING GEAR & INFO

Standard camping gear for a summer campout:

- Clothing is mostly personal choice and scouts will be told in advance if there are particular clothing requirements for a campout. Pack clothes for the weather and the possible weather! Your clothes will usually get dirty!
- Extra socks are always a good idea.
- Rain gear
- Extra shoes/boots
- Hat
- Jacket or sweatshirt
- Sleeping bag (pillow OK on most campouts)
- Mess kit w/cup and eating utensils (doesn't have to be a "kit")
- Flashlight and extra batteries and bulb
- Toiletries
- Personal first aid kit
- Scout book
- Folding pocket knife with Tot'n Chip
- Matches or lighter with Firem'n Chit
- Bug repellent
- Sunscreen

Some additional items you may wish to bring along:

- Sunglasses, compass, book, playing cards, bandana, camera, camp chair, walking stick

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WINTER CAMPING GEAR & INFO

Winter camping is a challenging but rewarding experience. We guarantee that if you learn how to winter camp with us, you'll have a great time! The key to camping in the winter is staying warm and we'll show you how to do it.

Standard camping gear for a winter campout:

- Long underwear for each day (synthetic fabric is best)
- One full change of clothes for each day
- Extra shirt & pants for layering
- Many pairs of extra socks
- Snow boots and another pair of boots - NO TENNIS SHOES!
- 2 knit/stocking hats
- 2 pairs of gloves
- Winter coat
- Snow pants
- Blanket to use with sleeping bag
- Sweats or long underwear for sleeping
- Take everything else you would for the summer except the bug repellent and sunscreen - you won't need those!

Some Additional items you may wish to bring along when it's colder:

- Hand lotion, chemical warmers, scarf or face covering, glove liners, sock liners, more batteries (it's more dark!)

WINTER CAMPING REMINDERS

- No tennis shoes! You must have a pair of snow boots AND either work boots or hiking boots. Snow boots must be worn when there is snow on the ground. You must have an extra pair of boots. Cold, wet feet are the worst problem we face and the hardest to fix if you don't have extra boots. You don't need expensive boots, just sturdy ones. Your snow boots should be highly water resistant.
- Two knit hats that cover your ears – not headbands!
- Two pairs of gloves.
- Bring double the socks you would normally bring. Triple them if it's supposed to be wet. Polypropylene liner socks are inexpensive and they help keep your feet dry which means they will be warmer.
- Long underwear – wear it! Dress in layers with the long underwear first. Wear as little cotton as possible next to your skin since it stays damp from your sweat. Yes, even when it's freezing you sweat!
- Wear a coat that is appropriate for the weather. If you don't have a heavy winter coat, wear an extra fleece sweatshirt or another lightweight coat underneath your heaviest coat. Fleece doesn't stop the wind!
- Take off all of the clothes you were wearing during the day before you go to sleep. Sleep in a single layer of lightweight clothing like long underwear or shorts and a t-shirt so your sleeping bag can trap your body heat. Put on clean, dry socks. Wear a knit hat while you sleep.
- A wool or fleece blanket inside your sleeping bag adds to its insulating power. Don't use a cotton blanket!
- Don't use a cot or air mattress in the winter. Cold air underneath you will cause you to be colder.
- Though not required, disposable chemical warmers are inexpensive and well worth twice the price. Make sure your scout knows the safety rules for the brand you buy.